

When	Theme	Activities
Saturday October 9	BLAW focus: Wellbeing and how anyone affected by baby loss can find ways to look after themselves and others	Support Centre Nova BLAW2021 program kick-off. Follow us in social media!
Sunday October 10	Looking after yourself	Walk for Nova (whole week) Register via the website www.steunpuntnova.nl/loop-voor-nova.
Monday October 11	Looking after parents	Online Yoga session focused on self-care, provided by yoga teacher, employee of ima farewell care and Support Centre Nova, and mother of Madelief*, Nina Schipper. And a podcast with Joost van Ballegooijen, father of Amy*, by Patty Duin (in Dutch)
Tuesday October 12	Looking after siblings	Steunpunt Nova makes unique specially designed coloring pages available Links to children's programs about loss and grief
Wednesday October 13	Looking after those who provide care and support	Newsletter #3 available for healthcare professionals, with accompanying work instruction. Who wears the BLAW pin and why? In the picture: BLAW activities in hospitals in the Netherlands
Thursday October 14	Care for each other as a community	Buildings in pink/blue light (all week). Municipalities and hospitals show their support to residents and patients affected by baby loss
Friday October 15	Closing of the BLAW and the Walk for Nova. Remembering your baby & Wave of Light	Wave of Light - BLAW closing event in Nunspeet. Walk for Nova finale, gathering and lighting candles in a beautiful place in the park, 7 pm local time.